

Robyn E. Brickel, M.A., LMFT

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EDUCATION

Masters of Arts, Marriage and Family Therapy
Fairfield University, December 1997

Bachelor of Arts, Political Science
Western Connecticut State University, December 1993

LICENSE/CERTIFICATION

Commonwealth of Virginia Licensed Marriage and Family Therapist # 0717000983

Maryland State Licensed Marriage and Family Therapist # LCM 087

Connecticut State Licensed Marriage and Family Therapist # 000839

*Advanced Trauma Treatment Certification, Advanced Institute of Psychotherapy Training and Education Inc.,
January 2009*

Eye Movement Desensitization and Reprocessing (EMDR) Level I and Level II Certification, 2001

Sensorimotor Psychotherapy Training for the Treatment of Trauma Level I, 2011

*Sensorimotor Psychotherapy Training: Treatment of Developmental, Attachment and Trauma Training, Level II,
2012/2013*

MEMBERSHIPS AND ASSOCIATIONS

Clinical Member in the American Association of Marriage and Family Therapy (AAMFT)

Associate Member in the Mid-Atlantic Association of Imago Therapist (MAIT)

American Psychological Association Division 56 (APA)

Member of the Eye Movement Desensitization and Reprocessing International Association (EMDRIA)

Member of The Society for the Advancement of Sexual Health (SASH)

CLINICAL EXPERIENCE

Private Practice Therapist/Director of Practice

Robyn E. Brickel, M.A., LMFT, LLC

Alexandria, Virginia

2001-Present

Therapist

Family Therapy Center of Old Town

Alexandria, Virginia

1999 – 2003

Contract Therapist

Montgomery General Hospital Colesville Center

Silver Spring, Maryland

2000-2001

Hospital Privileged Therapist
Dominion Hospital
Falls Church, Virginia
2000 – 2002

Clinical Supervisor/Senior Therapist
Family Trauma Services
Landover, Maryland
1999 – 2000

Staff Therapist
Women's Counseling Center
Danbury, Connecticut
1998-1999

Coordinator of Adolescent Services and Addictions/Mental Health Therapist
Cornerstone Continuous Care
Middlebury, Connecticut
1997 – 1999

Substance Abuse Counselor
APT Foundation/Alpha House
Newtown, Connecticut
March 1998 – June 1998

Youth and Family Counselor Intern
Danbury Youth Services
Danbury, Connecticut
1996 – 1997

Project Director, "One-on-One" Mentoring
Danbury Youth Services
Danbury, Connecticut
May 1997 – December 1997

Volunteer Counselor for at-risk children
Whisconier Middle School
Brookfield, Connecticut
March 1996- June 1996

PROFESSIONAL TRAINING

Sensorimotor Psychotherapy Level two Training: Treatment of Developmental, Attachment and Trauma Training, Sensorimotor Psychotherapy Institute, Washington, DC, Spring/Summer/Fall/Winter 2012 – Winter/Spring/Summer 2013

Internal Attachment Disorder, Janina Fisher, Washington, DC, March 2012

The Listening Cure, Jette Simon, Washington, DC, December 2011

Advanced Clinical Consultation for DID (Dissociative Identity Disorder), Lisa Ferentz, LCSW, Towson, MD, December 2011

Working with the Neurobiological Legacy of Trauma, Janina Fisher, Webinar, 2011/2012

Making Them Whole Through the Sum of Their Parts: Decreasing Resistance and Promoting Healing Through Inner Child and Parts Work, Lisa Ferentz, Towson, MD, May 2011

Learning Through Videotapes – Imago Couples Therapy, Gail Guttman, LCSW, Washington, DC, May 2011

The Power of Neuroplasticity: Practices for Retraining the Nervous System, Janina Fisher, Washington, DC, March 2011

Sensorimotor Psychotherapy Level one Training for the Treatment of Trauma, Sensorimotor Psychotherapy Institute, Washington, DC, Winter/Spring/Summer 2011

The Therapist as the Neurobiological Regulator, Janina Fisher, Washington, DC, March 2010

Imago Relationship Therapy Level I training, Jette Simon, Washington, DC, March 2010

Somatic Interventions for Enhancing EMDR Effectiveness, Janina Fisher, Bethesda, MD, November 2009

Ethics, Lisa Ferentz, Towson, MD, January 2009

Trauma and the Therapeutic Alliance: Understanding Traumatic Transference, Lisa Ferentz, Towson, MD, December 2008

The Pharmacological and Non-Pharmacological Treatment of Anxiety and Depression in Trauma Survivors, Lisa Ferentz and Dr. Kevin Ferentz, Towson, MD, November 2008

Creatively and Effectively Treating Trauma, Lisa Ferentz, Towson, MD, November 2008

Understanding Trauma and its Reverberating Effects, Lisa Ferentz, Towson, MD, September 2008

What Every Health Care Professional Needs to Know About Certain Antidepressants: Prescription and Natural, Dr. Nancy Tice, Washington, DC, May 2007

Sexual Health – State of the Art Series, Northwestern University Feinberg School of Medicine, Chicago, IL, September 2006

Perceived Roadblocks and Potential Growth Edges in Couples Therapy, ACA, Washington, DC, January 2006

Transforming the Self Through Ego State Therapy, Dr. Mark Lawrence, McLean, VA, December 2005

Body to Die For: Advanced Training in the Treatment of Eating Disorders and Body-Image Disturbance in Women, Adrienne Ressler and the Renfrew Center, Washington, DC, April 2004

Creating a Culture of Healthy Sexuality: Innovations and Integrations, SASH, Washington, DC, October 2004

Professional Eating Disorder Education Program, Remuda Ranch, Wickenburg, AZ, February 2004

National Adolescent Conference, Ben Franklin Institute, Baltimore, MD, March 2003

From Shame to Self Esteem, Guttman and Pearl, Rockville, MD, March 2003

Understanding Depression, Andrew Meisler, Columbia, MD March 2003

High Conflict Divorces, Specialized Training Services, San Diego, CA, October 2002

EMDR Level II, William Zangwill, Bethesda, MD, November 2001

New Developments in the Pharmacological Treatment of Conduct Disorder in Children, Institute for Continuing Healthcare Education, Bethesda, MD, May 2001

EMDR Level I, Steve Silver, Bethesda, MD, April 2001

After the Affair: Helping Couples Rebuild Trust and Sexual Intimacy, and Consider Forgiveness, Janis Abrams Spring, Washington, DC, September 2000

Controlling Aggression in the Community Services Setting, Allan Wickerty, Cheverly, MD, May 2000

Psychiatric Grand Rounds, Dr. Lawrence Kline, Suburban Hospital, Bethesda, MD, October 1999

The Compassion Workshop: Treatment for Spouse and Child Abusers, Steven Stosny, Rhinebeck, NY, May 1999

Depression in Childhood and Adolescence, David Gary Fassler, Karen Fredericks, Glenn Liebman, Ginny Wood, Katonah, NY, October 1998

Drugs of Abuse: Current Trends, Adults and Adolescents, Steven Viani, Connecticut, June 1998

Counselor Ethics, Steven Viani, Connecticut, June 1998